# BREASTFEEDING COORDINATOR (BFC) ORIENTATION AND TRAINING

## **Important Contacts:**

What?	Who?	Title	Contact Info
MI-WIC issues, BF policies, BF food	Marji Cyrul	State BF	CyrulM@michigan.gov
package questions, website, OA		Coordinator	
grant-funded trainings, LC			
contractors, BF workgroup, BF			
Connections, LMS trainings.			
IBCLC state-level questions, pumps &	Dionne Moore-	State BF Peer	MooreSmithD@michigan.gov
equipment, breast pump policies,	Smith	Coordinator	
peer counselor regional trainings and			
state updates, PC orientation, PC			
eligible costs, BF Supporters of Color			
Network.			
Breast pump orders, Coffective 5-	Hanna Thelen	Nutrition / BF	ThelenH1@michigan.gov
hour training access.		Analyst	
PC interview (if desired), orientation	Regional LCs		Regional Lactation Consultants
& mentoring. PC manager support,			(LCs)
short-term IBCLC coverage.			
Contact info for other BF			Google Drive Collaboration
Coordinators, Level 3 & 4 staff, and			Folder <u>Directories</u>
peer counselors			
<u>Local Agency Map and Contacts</u>			
MI-WIC procedures, vendor	DuJour Help		800-942-1636, press 1, then 2
concerns, client assistance.	Line		
MI-WIC help	KL&A		

# A. Understanding the BFC Role

- Breastfeeding Coordinator position description and examples of work
- Attend <u>Breastfeeding Workgroup</u> (Fridays in January, April, July, October on Friday 8:30-12:30)
- Register for Breastfeeding Coordinator Training held 2x/year (April & October)

## B. Program Planning, Administration and Evaluation

- Reports. We all love them. This <u>guidance document</u> details which BF reports need to be pulled, and how to pull them.
- Monitoring <u>breastfeeding data</u> is an important part of the BFC role.
- Nutrition Services Plan (NSP): Required to be completed every year ~ September.
  - Find examples of completed plans on the <u>Program Planning</u>, <u>Administration and Evaluation</u> <u>webpage</u>
- Management Evaluations (MEs): Done every other year during the spring or summer.
  - ME tools are located on this <u>webpage</u>.
  - Use this document to help prepare. <u>Handy Guide to Help Prepare for an ME: Breastfeeding Specific</u>

#### C. Policies

- 1.07 <u>Local Agency Staffing and Training</u>
  1.07A Staff Training Plan
- 4.0 Breastfeeding
  - 4.01 Local Agency Breastfeeding Responsibilities and Staff Roles
  - 4.02 Client Breastfeeding Education
    - Use this Guidance to Assist with Policy 4.02 Compliance
  - 4.03 Contraindications to Exclusive Breastfeeding
  - 4.04 Breastfeeding Equipment Ordering, Inventory, Retrieval, and Maintenance
  - 4.05 Breastfeeding Equipment Issuance and Documentation
  - 4.06 Specialty Feeding Equipment
- 12.0 Breastfeeding Peer Counseling
  - 12.01 Peer Counselor Orientation
  - 12.02 After-Hours Availability

#### D. MI-WIC

- Verify your LA WC Coordinator has added your role as the BFC in MI-WIC
- Guidance on Documentation on Breastfeeding Support Tab
- Webinar 8.3 Release Breastfeeding Changes
- Written documentation for 8.3 Release Breastfeeding Changes

## E. Breast Pumps and Supplies

- The BF Coordinator webpage for <u>Breastfeeding Equipment Issuance</u>, <u>Inventory and Maintenance</u> has a lot of great information, such as how-to videos on ordering pumps, maintaining inventory, running reports, and how to clean & assemble pumps.
- The Milk Expression website for WIC Staff has guidance on devices, printable pump agreements/releases, etc.
- BFCs can also find Breast Pump inventory forms, monitoring logs & Pump Marketplace on the Google Collaboration <u>Breast Pump section</u>.
- BFCs are required to take Milk Expression training.

## **F. Staff Trainings** (required to provide to staff 4 x/year)

- Training peers is one of your major roles. This <u>PC orientation guide</u> details what you can teach your peer before reaching out to the Regional LC. The Regional LC will provide an extremely detailed training and orientation using <u>this checklist</u>.
  - See 1.07A Staff Training Plan for required and recommended trainings.
- Go to MPHI BF and PC website to register for trainings.
- The Training Calendar allows the BFC to 'save-the-date' for upcoming trainings.
- The Google Collaboration <u>Staff Training section</u> has ideas for the 4x/year training requirement, along with sample documentation forms.
- Need more? There's a ton of information on the MDHHS WIC Providers <u>Nutrition Education</u> webpage.

 See the <u>WIC Breastfeeding Staff Education webpage</u> for guidance on scope of practice tools, breastfeeding food package guidance, BF Connections articles, and conferences, including <u>MIBFN</u> webinars.

### G. Client Education

- Policy 4.02, Client Breastfeeding Education
- <u>Client Education Resources</u> (under BF for WIC Staff section of website)
- Breastfeeding Support for WIC Clients
- List of Coffective Materials available to Michigan WIC staff
- Nutrition Education & Outreach Resource List
  - Instructions on how to order publications through E-Forms
- Nutrition Education Materials Evaluation Form
- See Policy 5.01D, Nutrition Education Lesson Plans, for the procedure for developing lesson plans.
- Infant Feeding (Breastfeeding) Class ideas can be found on the Google Collaboration <u>Infant Feeding</u> Classes section.
- Process of setting up a class in MI-WIC
- Advocacy Tools can be found on the <u>Research, Policy and Advocacy webpage</u>, including the MIBFN Toolkits.

#### H. Clinic Environment

- Find resources on the Clinic Environment webpage.
- NWA Six Steps to Achieve Breastfeeding Goals for WIC Clinics.

### I. Collaboration

- Connect with our Michigan WIC breastfeeding coordinators. Find and update contact information on the Google Collaboration: <u>Breastfeeding Coordinator Directory</u>.
- Find local BF Supporters on MIBFN coalition webpage.
- Use these <u>outreach tools</u> to collaborate with community partners.